

A close-up photograph of a baby sleeping peacefully in a Wompat ILO Baby Carrier. The baby's head is resting against a grey fabric with a geometric pattern. The carrier's straps and buckles are visible, securing the baby. The background is softly blurred, showing a person's arm and part of their torso.

Instruction Manual: Wompat ILO Baby Carrier

Introduction & safety

We are happy that You have found our Wompat ILO baby carrier! Wompat is a high quality soft structured carrier, designed and carefully hand made in Finland (EU). Wompat is an excellent help with the everyday child care and carrying the baby, or babywearing, has proven to have many positive influences on baby's development and wellbeing. You can start using Wompat with a newborn and gradually adjust the carrier size larger while the baby grows older. The panel is fully adjustable both in width and height. The recommended minimum weight for Wompat baby carrier is 7 pounds (3 kg) and the maximum weight is 35 pounds (15 kg). If your baby is under 8 pounds, please ask for help of a healthcare professional or trained babywearing consultant.

Read all instructions before assembling and using the soft carrier. Keep instructions for future use. Check to assure all buckles, snaps, straps, and adjustments are secure before each use. Check for ripped seams, torn straps or fabric and damaged fasteners before each use. Ensure proper placement of child in product including leg placement.

Wompat baby carrier is suitable for both front and back carry. Front carry is recommended until baby is at least 6 months old. Always carry the baby in an upright position and facing towards you. Carry a small baby high against your chest and her head close enough to kiss. Carry the child in the ergonomic M-position: baby's legs open and her knees at the same level or higher than her bottom. Make sure baby's back is slightly rounded and she is snugly resting on your body.

Baby's face should always be visible and her nose should not be pressed against your body. The carrier should be tight enough so that baby's chin will not curl against her chest but not too tight so that baby can move her head easily. Always monitor the baby in the carrier and make sure she can breath easily. Premature infants, infants with respiratory problems, and infants under 4 months are at greatest risk of suffocation. Never open the waist buckle while the child is in the carrier!

Practice with a doll or teddy and use a mirror as help. Ask another adult to help you, if you feel unsure. When you first start using the carrier, make sure baby is well fed and calm. It is also good practice to start moving when baby is in the carrier for example take a walk. The movement will calm the baby.

You can find more using instructions, tips and videos on the manufacturer's website. Find help also at local sling meets, Youtube videos and online discussion groups.

Follow the manufacturer's instructions and use common sense. Baby's safety is always your responsibility. Do not perform any activities that might put your baby in danger for example bike or horse riding, running, jogging, jumping etc. Never use a soft carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals. Never wear a soft carrier while driving or being a passenger in a motor vehicle. Do not lay down or sleep while baby is in the carrier. Never use a soft carrier when balance or mobility is impaired because of exercise, drowsiness, or medical conditions.

Preparation

Wompat ILO baby carrier is fully adjustable. Use the smallest panel settings (width & height) for newborn babies and adjust it larger gradually when the baby grows.



1. Adjust the panel width: detach velcro tape and narrow both sides of panel symmetrically.



2. Make sure the velcro tapes are completely closed. Press them tightly.



3. Adjust the panel height: pull the straps on both sides of upper panel. You can also do this later when baby is in the carrier.



4. You can fold the fabric behind baby's neck: pull from each side next to the buckles.



5. Check the size of the panel: panel goes from knee-pit to knee-pit, baby can easily bend her legs.



6. Adjust the small chest strap between shoulder straps. You can move the strap up and down, and adjust the length. The chest strap settings will affect the feeling of the shoulders straps.



7. Petite shoulder straps for a small parent: adjust the shoulder straps shorter with the buckles in the middle of the strap. Fold extra fabric under the rubber band. You can also use these buckles when baby is in the carrier in order to get baby closer to your body.



8. Use sleep hood for extra support behind baby's neck or head. Do not cover face of a small baby. You can roll up the sleep hood and fix with small rubber loops. Adjust the size of sleep hood with the long strings. Tie the strings up to the D-rings or the webbings on shoulder straps.

Newborn Carry, from 7 lbs

Adjust the width of the panel as shown in the Preparation part. Move the chest strap to a suitable position between shoulder straps and open the small buckle.



1. Place the carrier on your waist. With newborn baby, wear the waist belt as high as possible and move the waist belt lower as the baby grows.



2. Close the buckle behind your back until you hear a click. Tighten the waist belt properly: pull one strap at a time. The waist belt should fit quite tight but still feel comfortable.



3. Fasten the shoulder straps to each side of the panel.



4. Shorten the webbing towards the shoulder strap and make sure they are the same length on both shoulder straps. You may roll up excess webbing and fix them with rubber loops.



5. Loosen the webbing towards the sides of the panel.



6. Hold the baby and guide her legs slightly apart.



7. Lift up the panel and put shoulder straps on one at a time. Support the baby with your other hand.



8. Fasten the small chest strap behind your neck and tighten it.



9. Tighten the shoulder straps a little bit. Pull the webbing forward.



10. Guide baby's legs to more ergonomic M-position: put you hands inside the panel and guide baby's bottom deep into the carrier. Lift her legs up under the knee-pits. This is called a "pelvic tuck technique".



11. Lift baby's knees higher.



12. Adjust the panel height. Panel should support baby's neck and it can go up to baby's earlobe.



13. Make the final tightening for the shoulder straps. Baby should be resting snugly against you.



14. An optimal position for the chest strap is between your shoulder blades. Chest strap prevents the shoulder straps from slipping off your shoulders. You can also utilise it to guide the straps away from your arm pits.



15. Use the sleep hood to support baby's neck. Roll up the hood and fix with small rubber loops. Do not cover the face of a small baby.



16. You can also wear the shoulder straps crossed on the back. Many parents find this technique very comfortable.

Safety Check

- 1. Baby's face is visible.
- 2. High enough to kiss.
- 3. Baby is resting close to you.
- 4. Panel supportig back & neck.
- 5. Back is rounded, knees higher than her bottom.



Taking baby out of the carrier



1. Loosen the shoulder straps: lift the front side of the buckle to make the webbing slide more easily. You can also tuck the webbing towards the buckle.



2. Open the chest strap behind your neck.



3. Put shoulder straps down one at a time.



4. Support the baby with your other hand.

Additional tips



1. This picture shows baby's optimal position in the carrier: round back, legs in M-position, baby's hands are near her head.



2. You can tighten the buckles for "petite shoulder straps" in order to get baby closer to your body.



3. Adjust the size of the sleep hood.



4. You can tie the sleep hood strings to the shoulder straps, if you need extra support for baby's head. Use the plastic D-rings on top of shoulder straps or just fix strings to the webbings.

⚠ WARNING

FALL AND SUFFOCATION HAZARD

FALL HAZARD – Infants can fall through a wide leg opening or out of carrier.

- Adjust leg openings to fit baby's legs snugly.
- Before each use, make sure all fasteners are secure.
- Take special care when leaning or walking.
- Never bend at waist; bend at knees.
- Only use this carrier for children between 7 lb and 35 lb.

SUFFOCATION HAZARD – Infants under 4 months can suffocate in this product if face is pressed tight against your body.

- Do not strap baby too tight against your body.
- Allow room for head movement.
- Keep infant's face free from obstructions at all times.

Washing and caring of your Wompat baby carrier

Wompat baby carrier is machine washable. Close the velcro tapes tightly before washing. Use cool temperature and cycle for delicates (30 °C / 86 F). Use small amount of liquid washing detergent. Do not use any fabric softeners. We recommend spot-cleaning when possible. Shape the carrier when still moist and air dry. The hood and the panel can be ironed but do not iron the paddings. Store your baby carrier in a dry place, at room temperature.

Check the carrier regularly. Make sure all the buckles, webbing, straps and seams are intact. Do not use a broken carrier. Please contact the manufacturer or distributor, if you need any spare parts.

Some babies can chew the shoulder straps which can break the fabric eventually. Please monitor your child and offer her an alternative item to chew or use strap protectors.

Liinalapsi Oy offers a 12 month warranty for Wompat baby carrier. Warranty covers for materials and workmanship. The warranty does not cover any faults caused by improper use or care of product. Proof of purchase is required. The child's safety is your responsibility. The instructions for use are a guide to safer babywearing but they do not guarantee the full safety of child. All legal proceedings or lawsuit are processed by the Finnish law and at the court of Finland.

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